FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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#### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     STEINBERG JOSEPH S			2. Issuer Name and Ticker or Trading Symbol Vitesse Energy, Inc. [ VTS ]		tionship of Reporting Person(s) to Issuer all applicable) Director 10% Owner						
(Last) (First) (Middle)		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/23/2023	A	Officer (give title below)	Other (specify below)					
C/O VITESSE ENERGY, INC. 9200 E. MINERAL AVENUE, SUITE 200  (Street)		3 200	4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person							
CENTENNIAL	СО	80112	Rule 10b5-1(c) Transaction Indication								
(City) (State) (Zip)		(Zip)	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.								

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 Disposed Of (D)		A) or , 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	05/23/2023		A		8,333(1)	A	\$0	495,380	D	
Common Stock								1,852,977	I	See Footnotes <sup>(2)(3)</sup>
Common Stock								185,706	I	By Family Trust <sup>(3)</sup>
Common Stock								102,861	I	By Childrens' Trusts <sup>(3)</sup>
Common Stock								12,589	I	By Reporting Person's Spouse
Common Stock								6,480	I	By Discretionary Trust <sup>(3)</sup>

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion or Exercise Price of Derivative	Conversion or Exercise Price of Derivative	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)				

### **Explanation of Responses:**

- 1. Represents unvested restricted stock units, each of which represents a contingent right to receive one share of Vitesse Energy, Inc. (the "Company") common stock. The restricted stock units will vest on the day prior to the Company's 2024 Annual Meeting of Stockholders, subject to continued service through the vesting date, and will be settled in shares of Company common stock following the vesting date unless such settlement is deferred by the
- 2. Shares held by corporations owned by the Reporting Person.
- 3. The Reporting Person disclaims beneficial ownership of the portion of shares held indirectly in excess of his proportionate pecuniary interest in those shares.

#### Remarks:

/s/ Christopher I. Humber, 05/24/2023 Attorney-in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.