FORM 4

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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| OMB Number: 3235-0287 | | | | | | |
|--------------------------|-----|--|--|--|--|--|
| Estimated average burder | n | | | | | |
| hours per response: | 0.5 | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| affirmative defense of 10b5-1(c). See Instr | | | | |
|---|---------|----------|--|--|
| Name and Address of Reporting Person* Regan Michael Scott | | | 2. Issuer Name and Ticker or Trading Symbol Vitesse Energy, Inc. [VTS] | Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner |
| (Last) (First) (Middle) C/O VITESSE ENERGY, INC. | | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year) 03/05/2025 | X Officer (give title Other (specify below) General Counsel and Secretary |
| 5619 DTC PARKWAY, SUITE 700 (Street) | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person |
| GREENWOOD VILLAGE | СО | 80111 | | Form filed by More than One Reporting Person |
| (City) | (State) | (Zip) | | |

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | on Date, Transaction Code (Instr. | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) | | | 5. Amount of Securities Beneficially Owned Following Reported | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership |
|---------------------------------|--|---|-----------------------------------|---|---|---------------|-------|--|---|-------------------------|
| | | | Code | v | Amount | (A) or (D) | Price | Transaction(s) (Instr. 3 and 4) | | (Instr. 4) |
| Common Stock | 03/05/2025 | | A | | 3,760(1) | A | \$0 | 53,760 | D | |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transac Code (In 8) | | 5. Num Derivat Securit Acquire or Disp (D) (Ins | tive ties ed (A) oosed of | 6. Date Exerc Expiration Day/\(\text{Month/Day/\}\) | ate | 7. Title and A Securities Un Derivative Se (Instr. 3 and | nderlying ecurity | 8. Price of Derivative Security (Instr. 5) | ecurity Securities Form: | | Beneficial Ownership (Instr. 4) |
|--|---|--|---|---------------------------------|---|--|------------------------------------|--|--------------------|---|-------------------------------------|---|--------------------------|--|---------------------------------------|
| | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | | | |

Explanation of Responses:

1. Represents unvested restricted stock units, each of which represents a contingent right to receive one share of common stock. The restricted stock units vest in equal installments on February 23, 2026, February 23, 2027, and February 23, 2028, subject to the Reporting Person's continued employment with the Registrant.

Remarks:

/s/ M. Scott Regan
** Signature of Reporting Person

03/06/2025

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.